



ARKANSAS

DEPARTMENT OF HEALTH

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Outbreak Response/Epidemiology Influenza Weekly Report Arkansas 2018-2019

Week Ending Saturday 03/09/2019

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During the flu season the Arkansas Department of Health (ADH) produces a Weekly Influenza Report for clinicians. The report provides information on flu activity in the state. The report also compares influenza like illness (ILI) in Arkansas to activity in the U.S. ADH receives reports of only a fraction of flu cases. Therefore, it is important to understand that the information in the weekly update is representative of the timing and location of activity, but it does not reflect the overall burden of disease. It is presumed that there are many more people actually affected than the report shows. Clinicians and policy makers may find the report helpful in terms of communicating to colleagues and patients about the current status of the flu season.

Report Key Points:

- For Week 10, Arkansas reported “Widespread” activity to the Centers for Disease Control and Prevention (CDC) for geographic spread of influenza, and “High” or 10/10 for ILI intensity.
- Since September 30, 2018, over 26,000 positive influenza tests have been reported to the ADH online database by health care providers. In Week 10, 68 counties reported influenza cases. The majority of reports came from Pulaski, Sebastian, Lonoke, White, Washington, Faulkner, Benton, Garland, Clark, Saline, Randolph, Logan, and Lawrence.
- Among flu antigen tests that can distinguish between influenza A and B virus types, 93 percent were influenza A, and 7 percent were influenza B.
- There are 316 positive PCR flu tests this week from private labs: 309 tested positive for influenza A, 2 tested positive for influenza B, 2 positive for influenza A subtype H1N1, and 3 positive for both A and B. At the ADH lab, 5 tested positive for influenza A subtype H1N1, 8 positive for influenza A subtype H3N2, 1 influenza A unsubtypeable, and 3 tested negative for influenza this week.
- About 6.1 percent of patients visiting emergency rooms this week were there for ILI. About 5.9 percent of outpatient visits were for ILI.
- The average school absenteeism rate last week was 6.9 percent among public schools. As of 03/12/2019, ADH is aware that 23 schools closed briefly due to the flu.
- To date, 63 influenza-related deaths have been reported in Arkansas this flu season, including one pediatric death; 70% were unvaccinated or had an unknown vaccine history. CDC has reported a total of 64 pediatric deaths nationwide this season.
- Since September 30, 2018, 6 nursing homes in Arkansas have reported influenza outbreaks.
- The proportion of deaths reported to the National Center for Health Statistics attributed to pneumonia and influenza (P&I) was above the system-specific epidemic threshold.
- For Week 9, the geographic spread of influenza was reported as widespread in Puerto Rico and 48 states; the District of Columbia and 2 states reported local activities; the U.S. Virgin Islands reported sporadic activities, and Guam did not report.
- You can report flu year-round and view the weekly influenza report during the influenza season at: <http://www.healthy.arkansas.gov/programs-services/topics/influenza>.
You can also access the reporting website directly at: <https://FluReport.ADH.Arkansas.gov>

For Additional National and International Influenza Surveillance Information:
World Health Organization (WHO): http://www.who.int/influenza/gisrs_laboratory/flunet/en/index.html.
CDC - Seasonal Influenza (Flu) - Weekly Report: <http://www.cdc.gov/flu/weekly/>

2018-2019 Influenza Outbreak Response/Epi Report (Week 10: 03/03/19 – 03/09/19)

Death Report for Week 10

- Deaths from all causes: 677
- Deaths due to Pneumonia: 62
- PCR confirmed Flu Deaths: 1
- Death Certificate or Flu Antigen only: 5

Cumulative Flu Deaths since 09/30/2018

- PCR confirmed Flu deaths: 12
- Death Certificate or Antigen only: 51
- Cumulative Flu deaths: 63

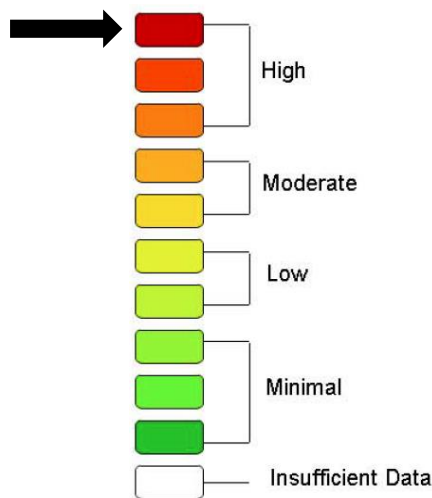
ER Visits

- **Week Ending: 03/09/2019**
Weighted Average: 6.1%
– Total Visits: 23,269
– Visits with ILI: 1,412
- **Previous Week**
Weighted Average: 5.5%
– Total Visits: 22,716
– Visits with ILI: 1,253

Total Flu-Related Hospital Admissions

- **PCR Confirmed:**
– Cumulative: 367
– Week ending 02/09/2019: 41
- **Antigen Positive:**
– Cumulative: 736
– Week ending 03/09/2019: 68

Weekly Arkansas ILI Intensity Level Reported by Sentinel Providers



PCR Lab Confirmed Influenza Cases

- Total Cases since 09/30/2018: 3,098
- Week ending 03/09/2019: 330

PCR Tests	ADH Lab Week 10	Other Labs Week 10	Cumulative Cases Since 09/30/2018
A+	0	309	2,825
B+	0	2	129
B/Victoria	0	0	2
B/Yamagata	0	0	0
H1N1+	5	2	75
H3+	8	0	53
Unsubtypeable	1	3	14
Total	14	316	3,098
Negative	3	--	--

PCR Confirmed Influenza Cases since 09/30/2018

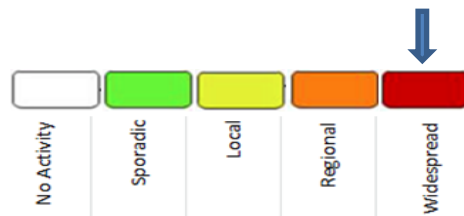
Age Groups	PCR+	Hospitalized	Deaths
0-4 yr.	622	38	1
5-18 yr.	1296	19	0
19-24 yr.	70	7	0
25-44 yr.	317	22	1
45-64 yr.	428	117	6
>= 65 yr.	348	164	4
Unknown	17	0	0
Total	3,098	367	12

School Absenteeism*

Week Ending: 03/09/2019
 - Percent Absent: 6.87
 - Previous Week: 7.45

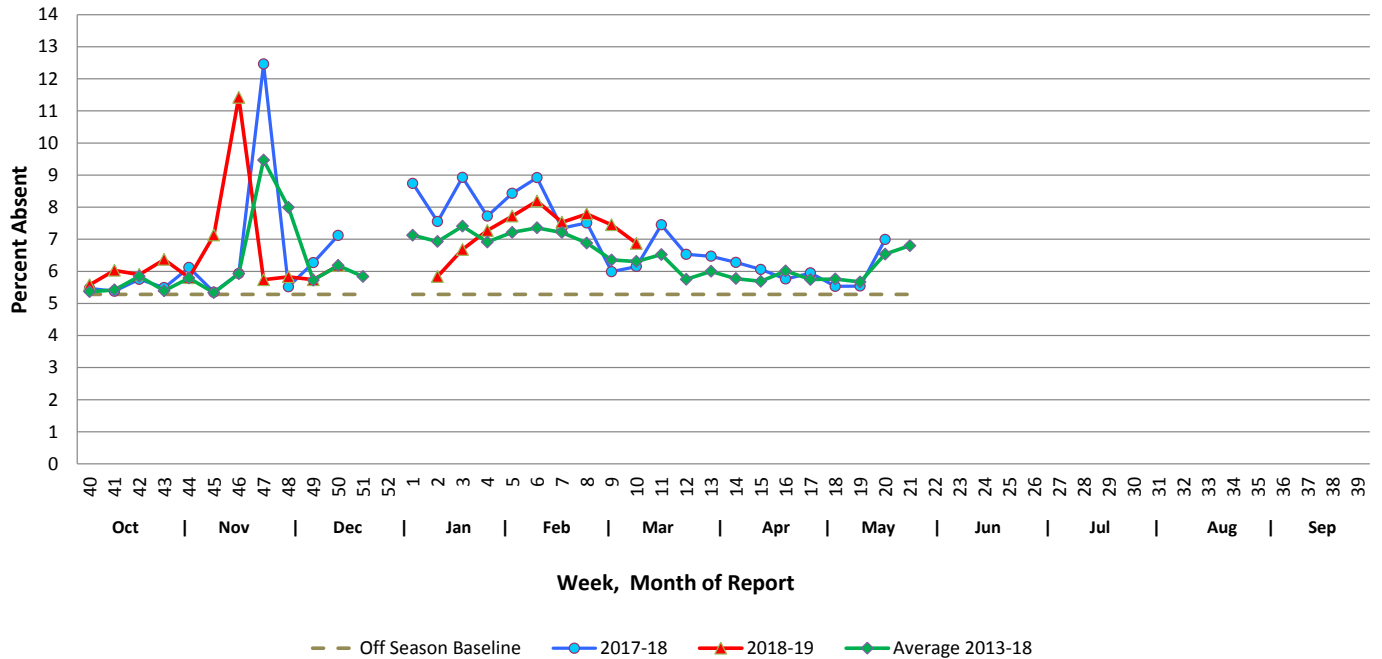
* Average daily absenteeism for all public schools during this reporting week.

Geographic ILI Activity Level Reported for Week 10:

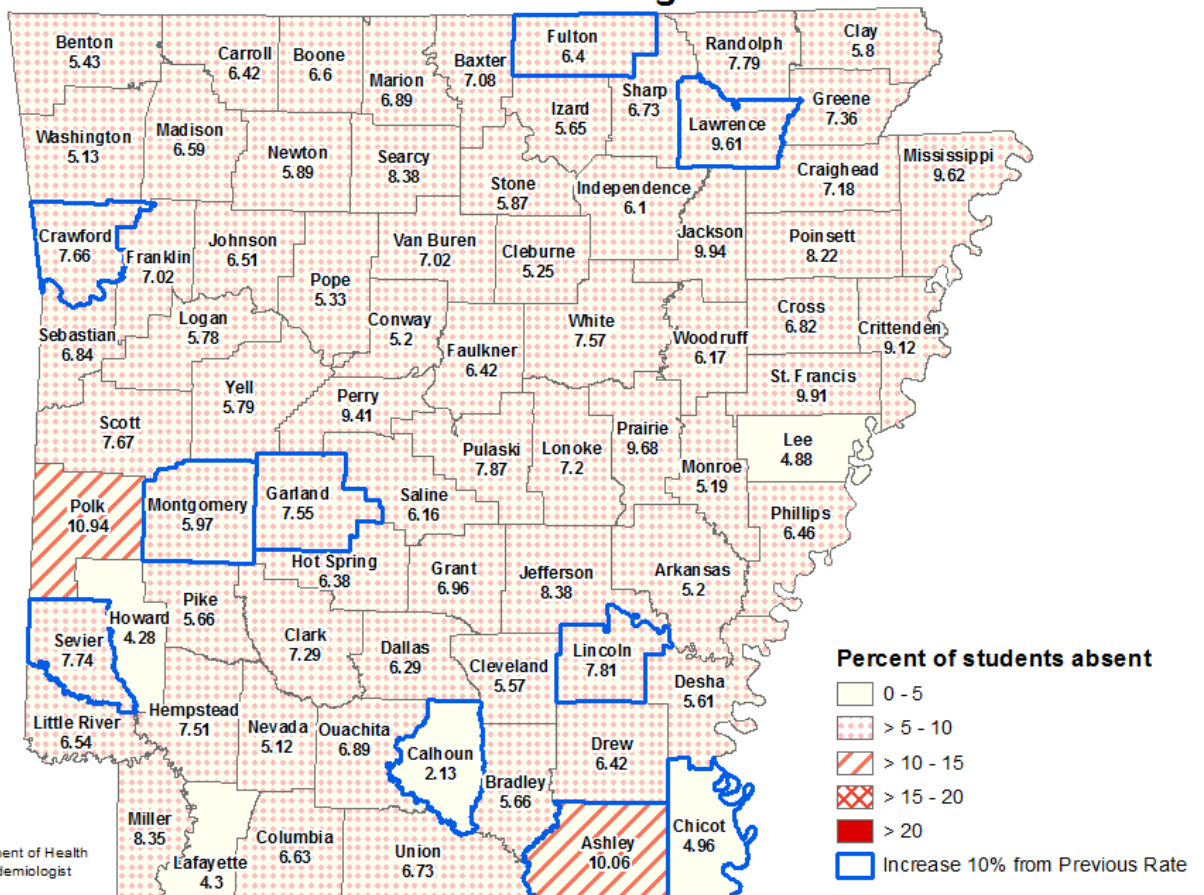


School Report

Weekly School Absenteeism Rates, Arkansas Public Schools



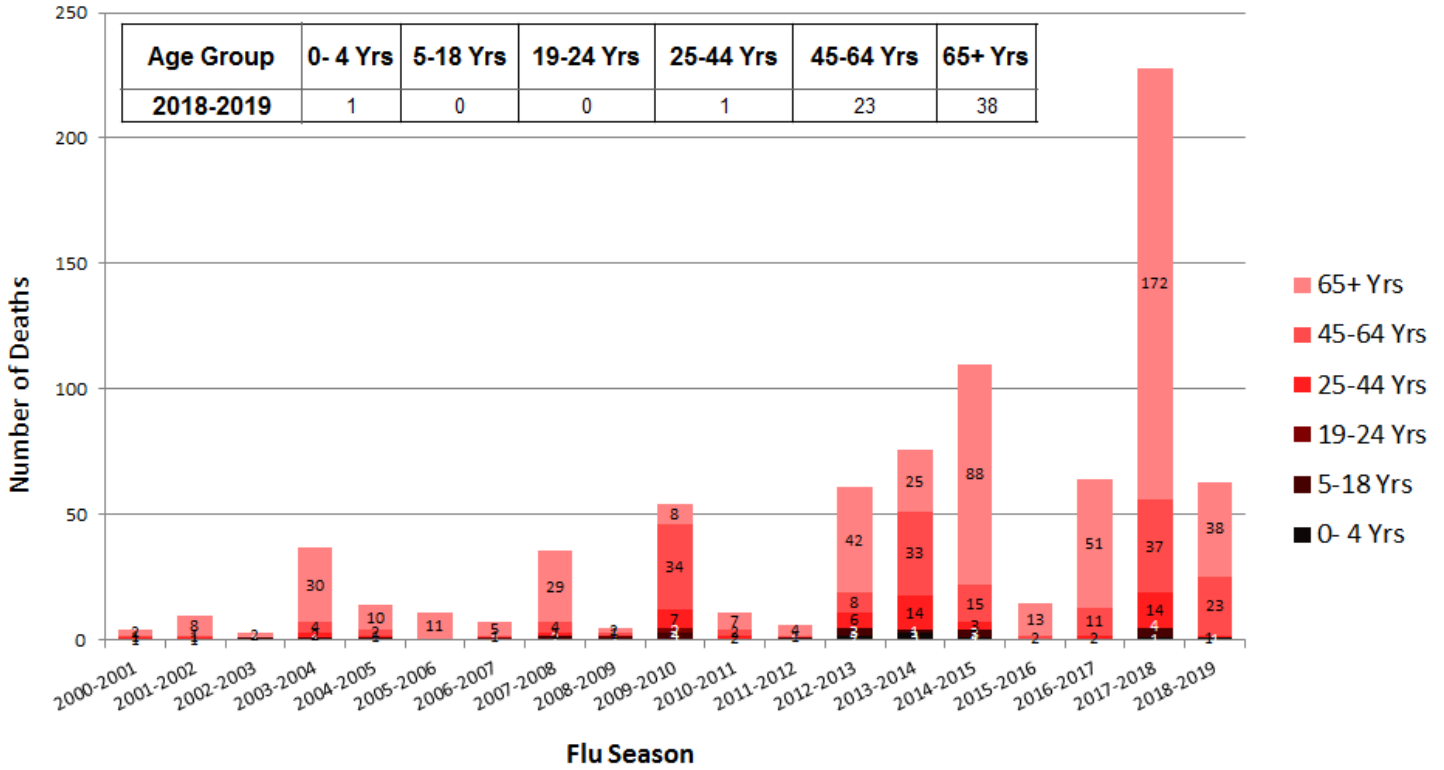
School Absenteeism Rate per County, Arkansas 2018-2019 Percent Absent for Week Ending 3/9/2019



Date: March 12, 2019
 Source: Arkansas Department of Health
 Author: Haytham Safi, Epidemiologist

Influenza Mortality by Age Group, Arkansas 2000-2018 (Provisional)

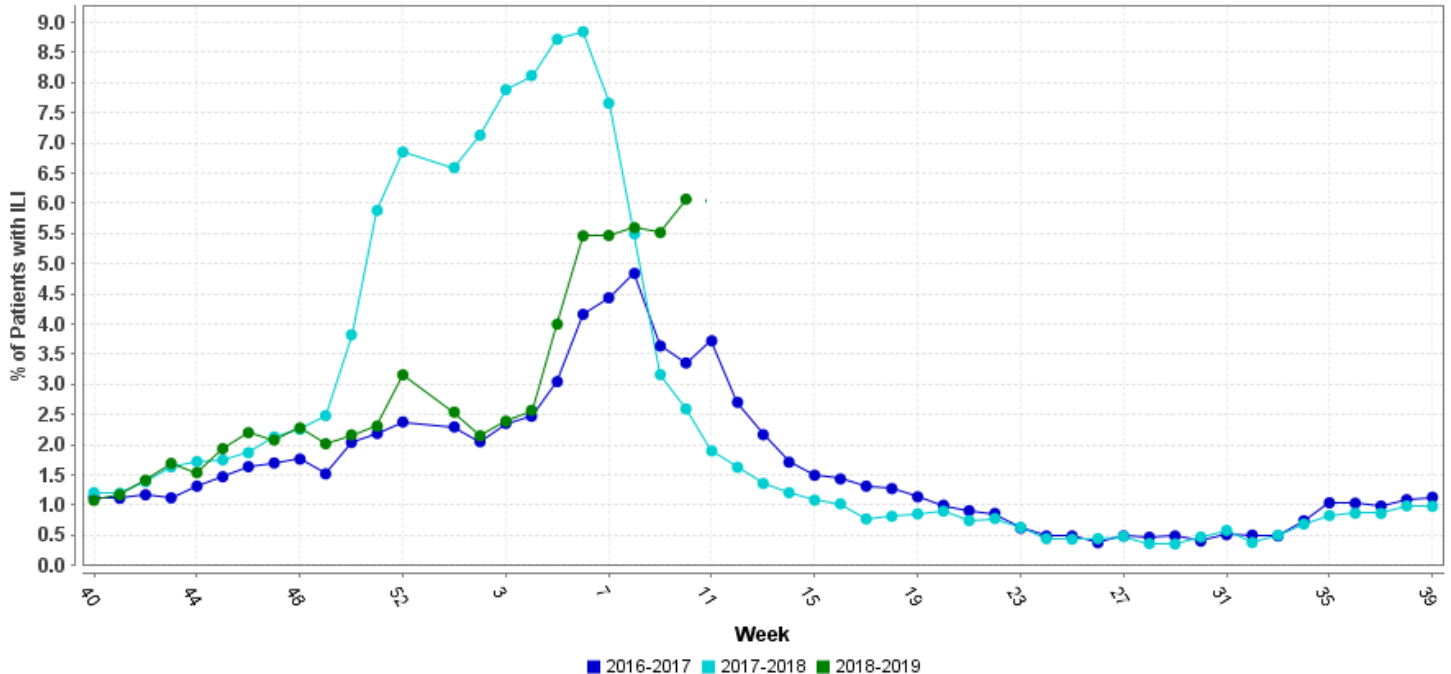
Report Updated: 03/12/2019



* All seasons range from week 40 to week 39 except 2009-2010 started week 36
 Source: ADH Outbreak Response Section, and Center for Health Statistics

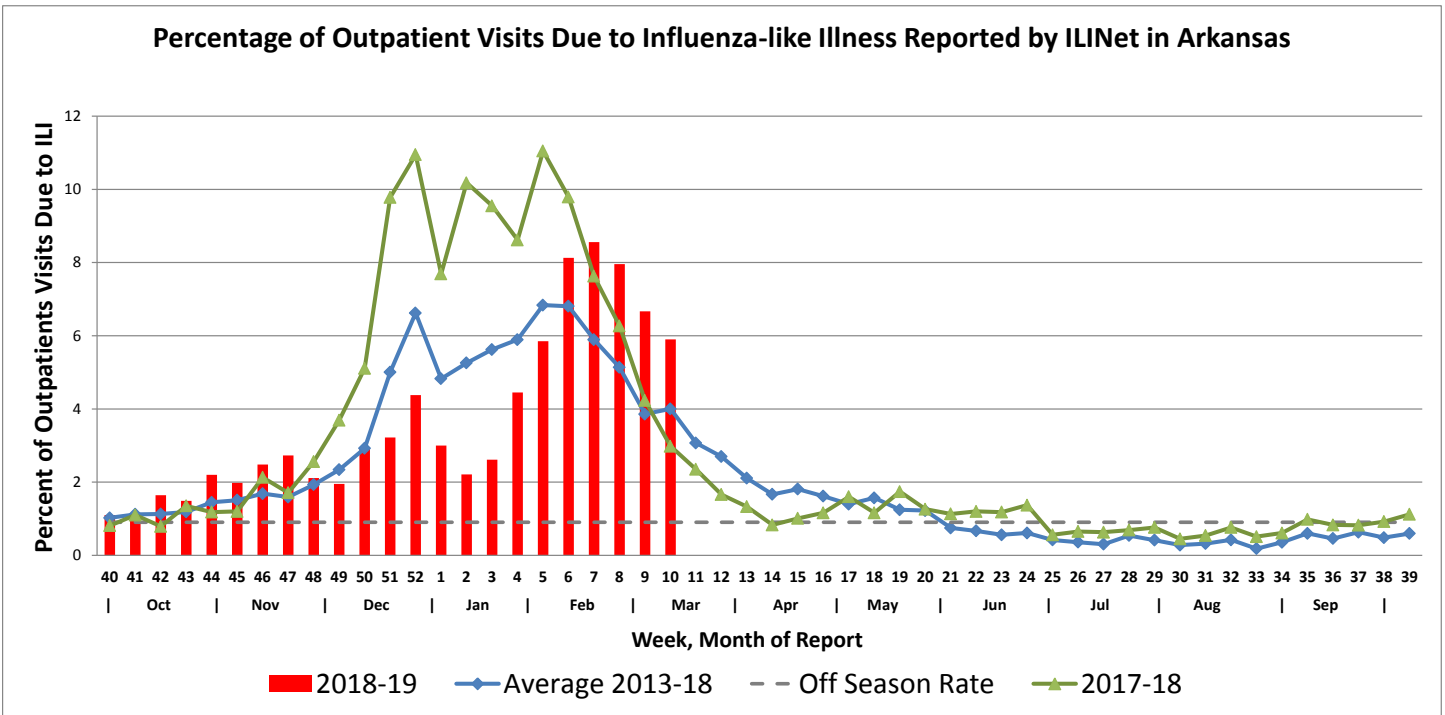
Hospital Report – Downloaded from ESSENCE (Syndromic Surveillance)

Percent ER Visits with ILI



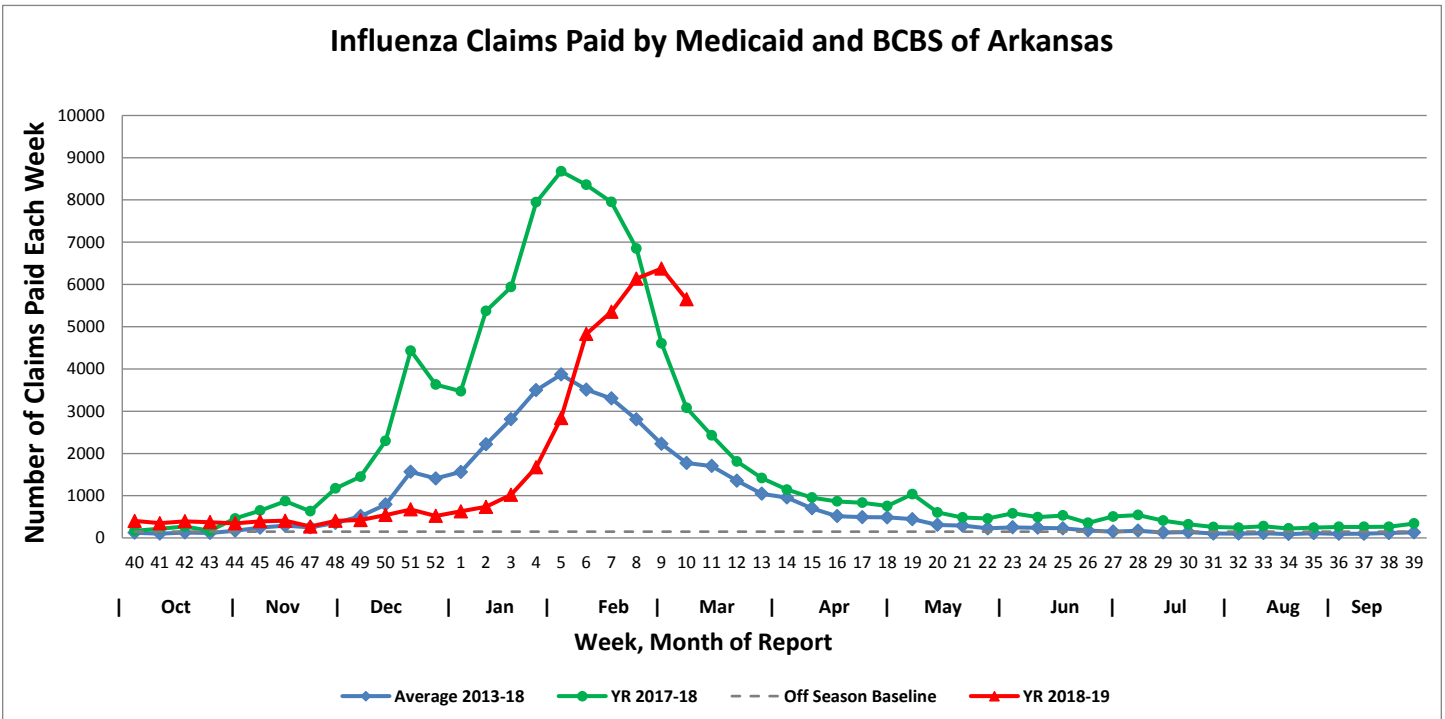
Arkansas Subset of US Outpatients Influenza Surveillance (ILINET)

Percentage of Outpatient Visits Due to Influenza-like Illness Reported by ILINet in Arkansas



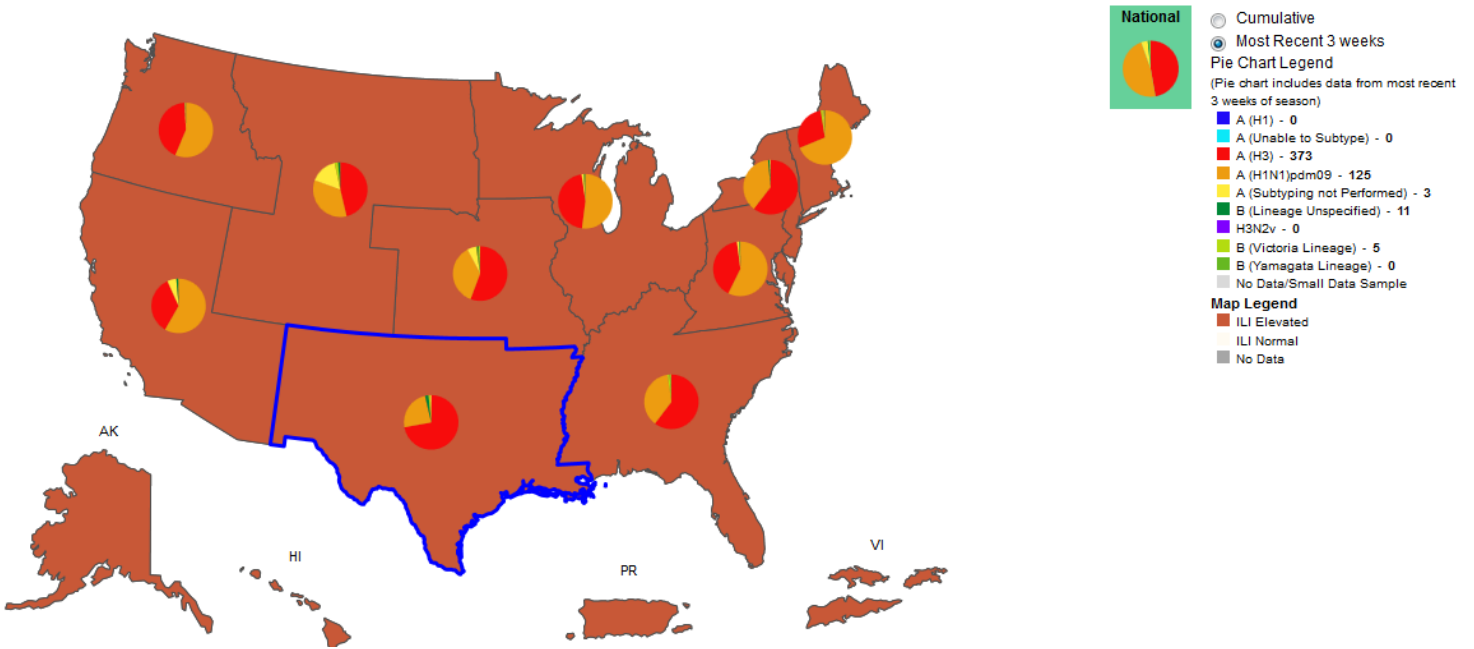
Weekly Influenza Claims Paid by Medicaid and BCBS

Influenza Claims Paid by Medicaid and BCBS of Arkansas



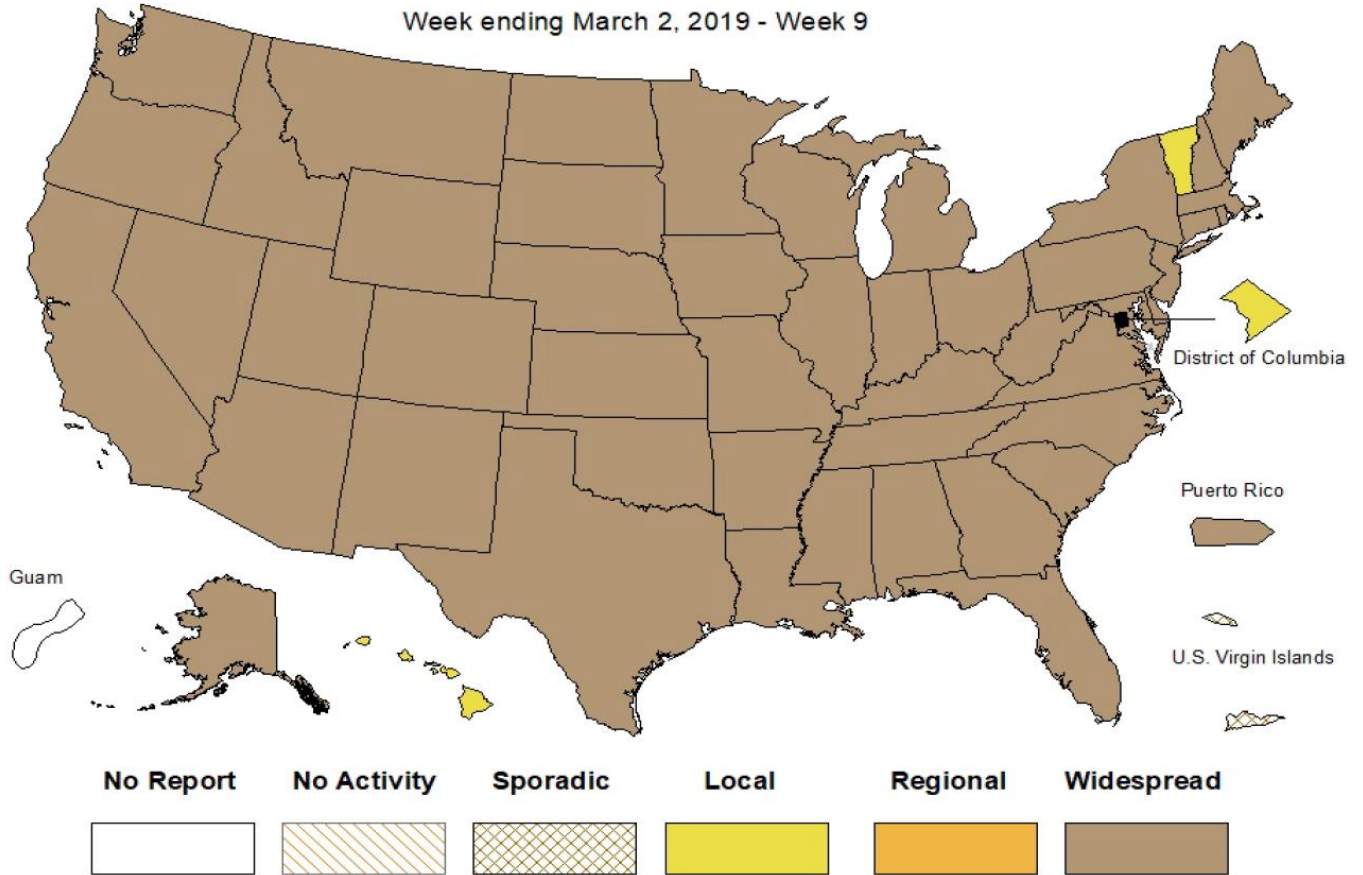
Influenza Positive Tests Reported to CDC and ILI Activity, by HHS Region, 2018-2019 Season, Week Ending Mar 02, 2018

Values in legend is for the highlighted HHS region (Region 6)



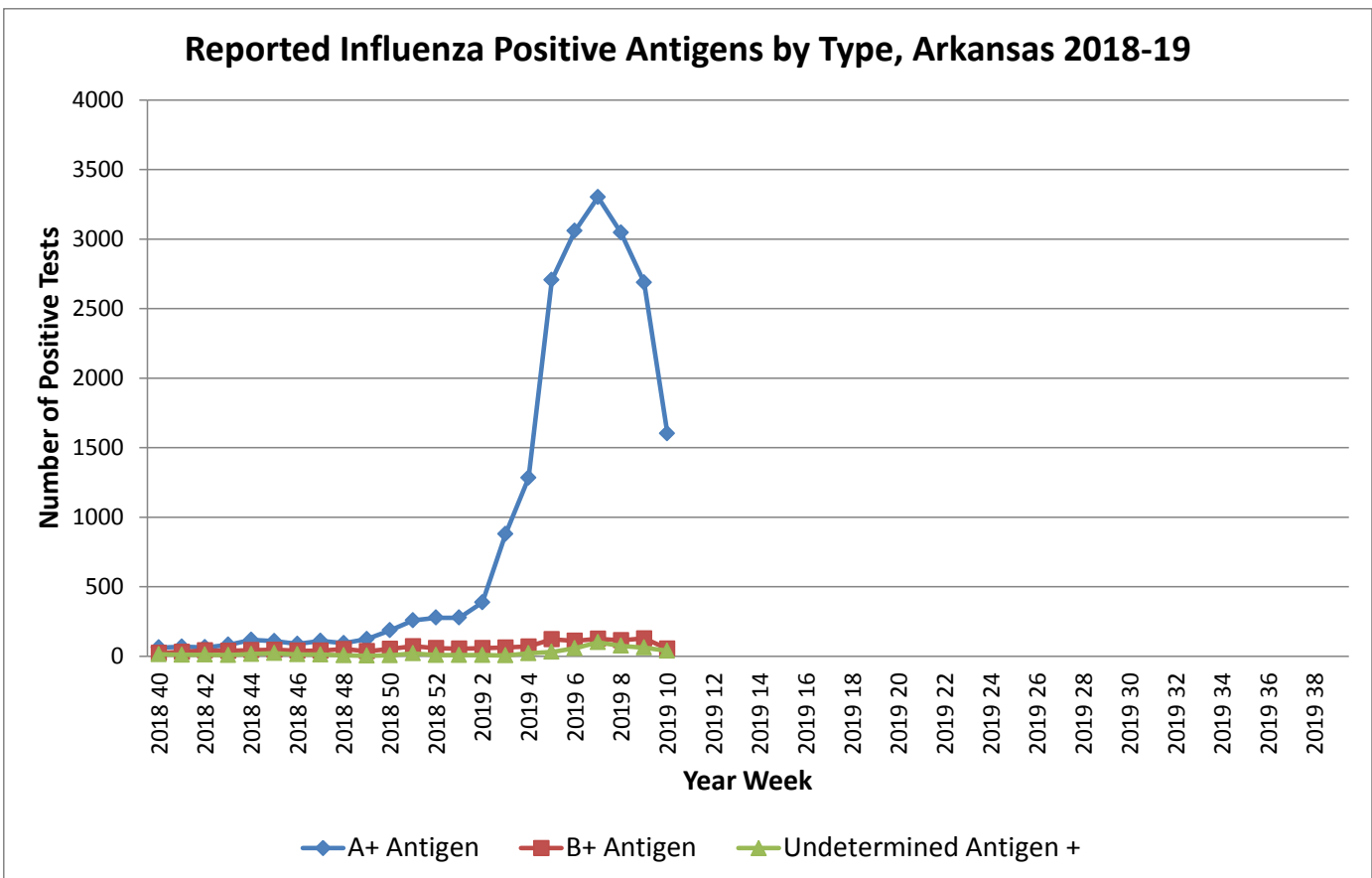
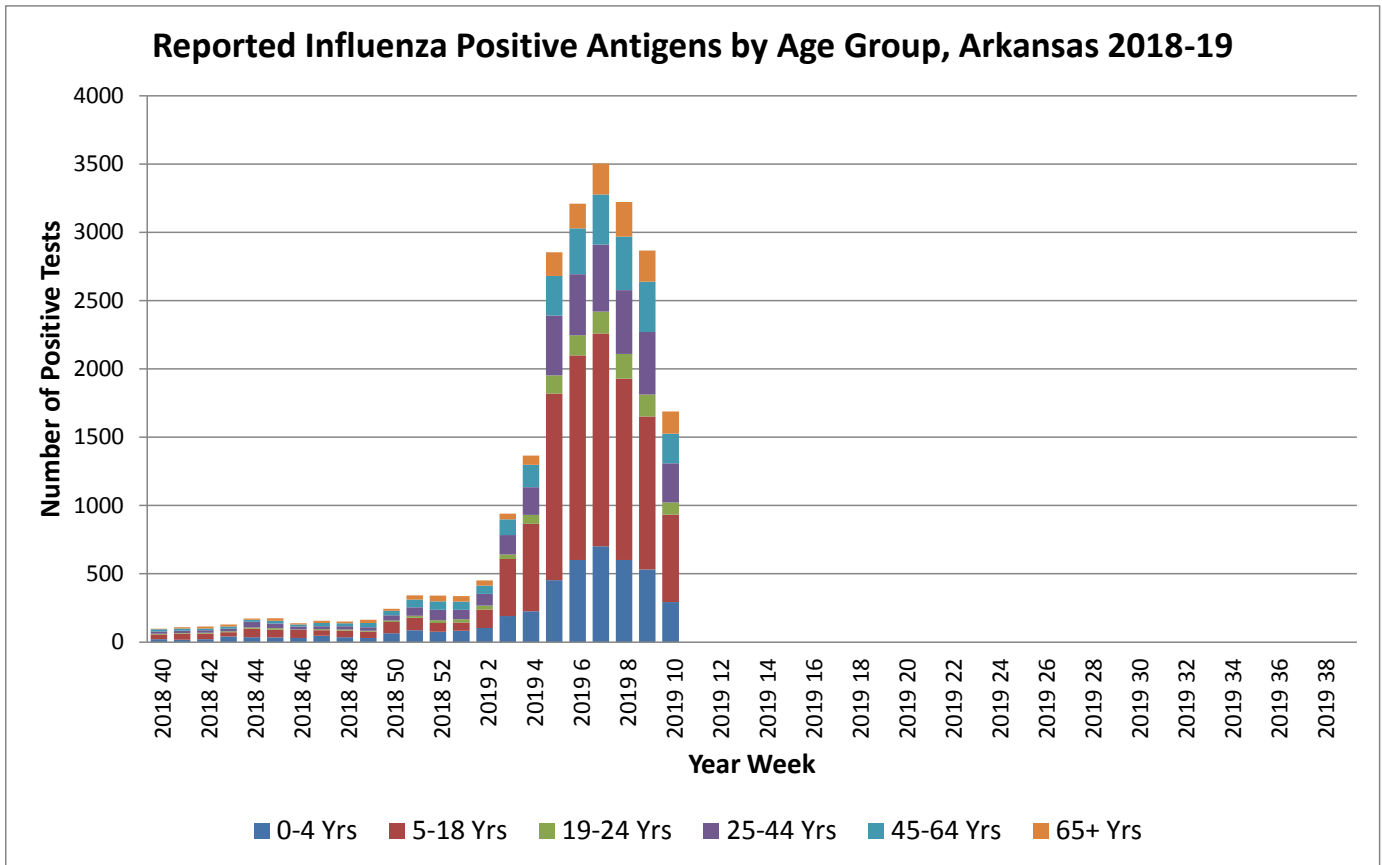
Weekly Influenza Activity Estimates Reported by State and Territorial Epidemiologists

Week ending March 2, 2019 - Week 9

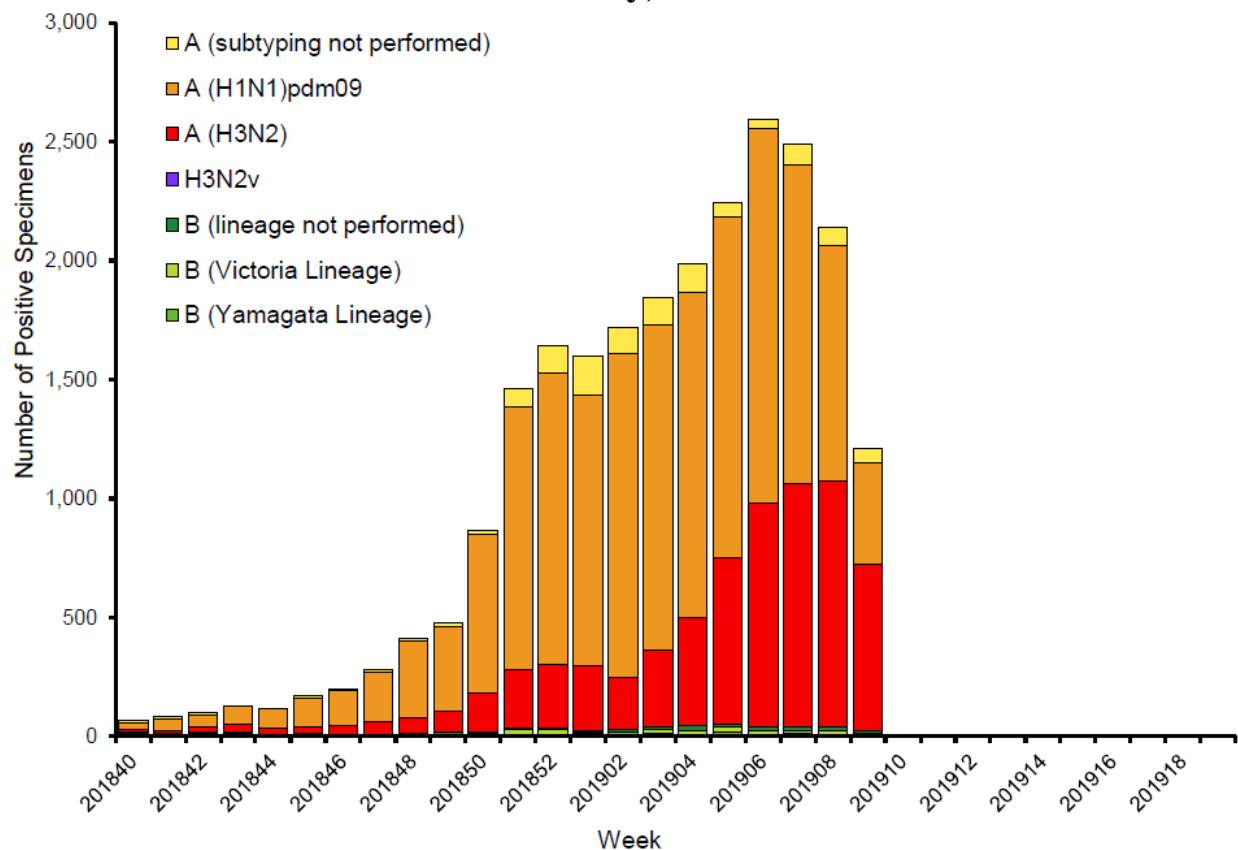


Arkansas Flu Activity Level Reported for Week 10: Widespread

Antigen Report



Influenza Positive Tests Reported to CDC by U.S. Public Health Laboratories, National Summary, 2018-19 Season



Pneumonia and Influenza Mortality from the National Center for Health
Statistics Mortality Surveillance System Data through the week
ending February 23, 2018, as of March 7, 2019

